

MONDAY  
OCTOBER 23, 2006

Join us for our  
15th annual

# Senior Lifestyles Conference

Country Springs Hotel  
2810 Golf Road  
Pewaukee

Sponsored by:

**Waukesha County  
Department of  
Senior Services**

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**Commission on Aging**

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PROHEALTH CARE

## PROGRAM 2006 Senior Lifestyles Conference October 23, 2006

7:45 Registration, Coffee & Donuts

8:00 Exhibits Open

8:30 Welcome: Dan Vrakas, County Executive

Cathy Bellovary, Director

Senior Services

Ed Olson, President

ProHealth Care/

Waukesha Memorial Hospital

**8:45 Keynote: Mary Pierce**

*"Remember Laughing? It's Never Too Late  
For Joy"*

9:20 Break - Visit Exhibits

9:45 Workshops (Group 1)

10:40 Break - Visit Exhibits

11:05 Workshops (Group 2)

12:10 Lunch - Visit Exhibits

1:30 Workshops (Group 3)

2:35 Wrap-up, Evaluation, Door Prizes\*

**\*You must be present to win a door prize!**



### **"Remember Laughing? It's Never Too Late for Joy"**

We all have them--those things that rob us of joy in life. And they seem to pile on as we get older! Humorist and author Mary Pierce will help you identify your joy robbers and banish them forever. Laugh along as you learn how to have the life you've always wanted and why it's never too late for joy!

### **Visit the Conference Exhibitors**

Alliance Bible Church; Alta Mira @ North Hills; Anthem Blue Cross Blue Shield of Wisconsin; Aurora Health Care; Aurora Health Care - Freedom 55+ Membership Program; Breezewood Village; Edward Jones; Catholic Charities; Coalition of Wisconsin Aging Groups; Elmbrook Church; Edward Jones; The Fireside Dinner Theatre; Healthreach Rehabilitation Services, Inc.; James L. Hintzke, CPA, SC; Humana; Interfaith Caringiving Network; Krause Funeral Home; La Casa Village; Lamers Tour & Travel; Laureate Group; Lifescan a Johnson & Johnson Company; Luther Manor; Lutheran Homes of Oconomowoc; Lutheran Social Services; MetroCare Home Medical; Positive Transitions (Realty Executives; Smart Moves, LLC; Cindy Bong Insurance Agency, LLC; Joanne Leifheit, Attorney at Law; A Place For Mom); Presbyterian Homes; ProHealth Care: Waukesha Memorial & Oconomowoc Memorial; ProHealth Home Care/Hospice, Angels Grace Hospice; Response Link of SE WI; Retired & Senior Volunteer Program of Waukesha County; Steeple View Inc.; Stowell Associates · SelectStaff Inc.; Three Pillars Senior Living Communities; Tudor Oaks Retirement Community; Tobin's Hearing Center; Treasured Tributes/Archie Monuments; Visiting Angels; Volunteer Center of Waukesha County; Waukesha County Department of Senior Services; Waukesha County Federated Library System; Waukesha County Park System; Waukesha Memorial Hospital; WCTC - LIR; Wheaton Franciscan Healthcare; Woodland Health Care Center

*Participation as an exhibitor does not constitute product endorsement by the Waukesha County Department of Senior Services.*

### **Flu & Pneumonia Shots**

**Offered by Waukesha County**

**Public Health Services**

**Available 7:45 AM - 12:00 PM**

*Conference registration required before receiving  
flu/pneumonia shot(s).*

- Flu & pneumonia shots can be given at the same time. Pneumonia shot will only be given if it is your first pneumonia shot.
- Medicare Part B will pay for both flu and pneumonia shots; **bring your Medicare Card.**

**For those not on Medicare, the flu shot is \$25; the pneumonia shot is \$42. Fees are payable at the time shot(s) is received.**

### **Featured Menu**

Stuffed Chicken Breast  
with a Mushroom-Parsley Sauce  
Green Beans, Carrots and Red Onions  
Herb Roasted Wedge Potatoes

**Vegetarian Menu** -Vegetarian Lasagna

